



DENTAL FUND

TANDFONDEN

Information and how to apply for compensation



IFMETALL
Stockholms län



THIS IS REQUIRED IN ORDER TO RECEIVE COMPENSATION

1. That you are a full member paying monthly.
2. That you, as a new member, have made at least one payment to the union.
3. That you submit receipts and details of the treatment, including the date of your visit, to IF Metall Stockholm County.

You must submit an application and receipts. Your application must include your membership number and/or personal identification number.

WHAT WILL YOU GET COMPENSATED FOR?

1. Regular dental care.

For example: examinations, visits to the dental hygienist, tartar removal, filling cavities, and preventive dental care agreements.

2. Dental visits completed within a maximum of twelve (12) months.

3. You will receive 70% of what you have paid in expenses back. Max. 4200 SEK/ calendar year. This applies from January 1st, 2026.

If you have submitted receipts with a treatment date in 2025, 50% of your expenses and a maximum of SEK 3,000 per calendar year will apply.

QUESTIONS & ANSWERS

Can you receive compensation if you're only a member of the unemployment insurance fund?

-No, this only applies to members of the IF Metall trade union.

Can you receive compensation for a mouth guard?

-Yes, you can.

Can you receive compensation for teeth whitening?

-No, no forms of cosmetic dental care are included.

Can you receive compensation in advance?

-No, the dental fund reimburses expenses incurred.

Is there a waiting period for this?

- Yes, if you have left IF Metall and are only a member of the unemployment insurance fund (A-kassan), you must rejoin and be a member for six months before you can receive compensation from the dental fund again.

Can you receive compensation for a dental care agreement?

- Yes, but you must submit a copy of the agreement and proof of payment.

Can I receive compensation for dental care for family members?

No, this only applies to you as a paying member.

Can I apply for compensation if I am unemployed?

Yes, provided that you are a member of IF Metall and not a pensioner.

What happens when I retire?

Your membership in the dental fund will end, and you will no longer be eligible for compensation from the dental fund.

Does it matter which bank I use?

- If you use Swedbank, you do not need to do anything. If you have an account with another bank, you must notify Swedbank at:

www.swedbank.se/kontoregister

If I receive a payment slip, what should I do?

- You need to go to a Swedbank branch and ask for help with a transfer. You should also register your account for any future payments.

When will my compensation be paid out?

- Monthly if you submit receipts. If you have a dental care agreement, it will be twice a year.

RECEIPTS SHOULD BE SENT OR SUBMITTED TO

Take a photo/scan the receipt digitally or send it by mail.

tandfond.stockholm@ifmetall.se

or



IF Metall Stockholms Län

Att: Tandfonden

Box 90202,

120 23 Stockholm

Visiting address: Glasfibergatan 10, Älvsjö



If you have questions, please call: 010-139 20 43



For information in other languages,
please visit our webpage:

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